

## PORCH VIEW DANCES OPEN COMMUNITY WORKSHOPS

Location: SABGC = St. Alban's Boys' and Girls' Club | 843 Palmerston Ave, Toronto, M6G 2R8

The following workshops led by Kaeja d'Dance are open to all: community members, friends and visitors. No preregistration required. You may attend as many as you like or as little as one. For more information, contact Jaclyn at [urban@kaeja.org](mailto:urban@kaeja.org)/416 516 6030.

Suggested donation of \$2.00/person

These workshops are complimentary for selected *Porch View Dances* participants.

### EXPRESS DANCE

EXPRESS DANCE has been taught to over 40,000 learners across Ontario and internationally. Experiential EXPRESS DANCE workshops invite the general public to explore their own movement vocabulary including fundamental principles of choreography and the Kaeja's approach to contemporary dance performance. Participants will create movement and make dances together under the direction of Company teachers.

### FLOCK LANDING

The Flock Landing workshops invite participants to be the instruments in the creation of contemporary art, inspiring a sense of connection, integration and creativity. Best described as an enclave of individuals, *Flock Landing* workshops and performances involve slow tai chi like movement that is inspired by the participants. Directed by Kaeja d'Dance teachers, there will be workshops and opportunities to gather in Flock Landing performance events throughout the summer of 2012 (see below). Each Porch View Dances performance will end with a Flock Landing performance. Each 'Flock Landing' offers the opportunity for an entire community to participate in a workshop or performance that is simple, integrative and community-building.

Kaeja d'Dance will support community members to begin their own Flock Landing events.

All workshops and discussions listed below take place at SABGC:

	EXPRESS DANCE WORKSHOP	FLOCK LANDING WORKSHOP	FLOCK LANDING DISCUSSION
<b>SUN FEBRUARY 5, 2012</b>	3 – 4 PM	4 – 4:30 PM	4:30 – 5 PM
<b>SUN MARCH 4, 2012</b>	3 – 4 PM	4 – 4:30 PM	4:30 – 5 PM
<b>SUN APRIL 1, 2012</b>	3 – 4 PM	4 – 4:30 PM	4:30 – 5 PM
<b>SUN MAY 6, 2012</b>	3 – 4 PM	4 – 4:30 PM	4:30 – 5 PM
<b>SUN JUNE 3, 2012</b>	3 – 4 PM	4 – 4:30 PM	4:30 – 5 PM

[ "Success story of the year." The Toronto Star ]